Chemistry of chalk and MgCO₃ explored through the sport of weightlifting.

Weightlifting utilises chemistry as participants use chalk to stop the bar from slipping. Natural chalk has now been replaced by a man-made substance for this use. Attempt the following questions, in the spaces provided, to revise what you have learnt about natural and man-made chalk.

1.	Chalk,	when	occurring	naturally in	n the	ground,	comes	from	a s	edimenta	ry rock	. Name t	the
sedime	entary r	ock an	d two othe	er sediment	s tha	t are son	netimes	found	d in	this layer	of rock	ζ.	

2. How is natural chalk formed?

Fact

Chalk is used in many different sports such as weightlifting and gymnastics but can also be found in sports such as triathlon where it is used as a reinforcing agent for neoprene rubber in the athletes' wetsuits.

3. Describe a chemical process used to manufacture magnesium carbonate.

- 4. Name five uses of chalk other than in sport.
- 1.
- 2.
- 3.
- 4.

5.

Key Point

The chemical name for chalk is magnesium carbonate and its empirical formula is MgCO₃.

