Covalent structure and bonding in our bodies

Covalent bonds are far more common in the human body than other types of bonds. That is because about 96% by mass of our bodies is made from four non-metallic elements: carbon, hydrogen, oxygen and nitrogen.



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- 1 (a) Non-metals combine together with covalent bonds. Which statement about covalent bonds is correct? Circle the correct answer.
 - A Electrons are shared in a covalent bond.
 - **B** Electrons are transferred in a covalent bond.
 - **C** lons are formed in covalent bonds.
 - D Electrons are delocalised in a covalent bond.

Approximately 60% of our body is made up of water (H_2O). The diagrams show two ways of representing a molecule of water:





- (b) Give one limitation of diagram A.
- (c) Give one limitation of diagram B.

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 - 2 Ammonia is produced by cells throughout the body.
 - (a) Complete the dot and cross diagram for an ammonia atom.Hint: Hydrogen has one outer shell electron and nitrogen has five.



(b) State the molecular formula of ammonia.

(c) Calculate the relative formula mass (M_r) of ammonia.

 A_r nitrogen = 14 A_r hydrogen = 1

- (d) Calculate the percentage by mass of nitrogen in ammonia. Give your answer to one decimal place.
- 3 24% of atoms in our bodies are oxygen atoms. Oxygen gas is absorbed into the blood in our lungs.
 - (a) Calculate how many oxygen molecules (0_2) can be made from 100 oxygen atoms.

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(b) Explain why oxygen is a gas at room temperature. Use these words in your answer:

simple molecules		weak forces	5	
energy	intermole	ecular forces		

Starch molecules contain oxygen and are part of our diet. Starch is a natural polymer. The table shows the approximate sizes of oxygen and starch molecules:

Molecule	Approximate size /nm		
oxygen molecule	0.35		
typical starch molecule	70.0		

- (a) Calculate how many times larger a typical starch molecule is than an oxygen molecule.
- (b) State which molecule has stronger intermolecular forces.
- (c) Describe the effect stronger intermolecular forces have on the melting point of starch compared to oxygen.

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- In context 14–16 years Available from rsc.li/3VC8uR1
- 5 Silicon dioxide is present in small amounts in our bodies. It is essential for skeletal health. The diagram shows the structure of silicon dioxide.



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- (a) Label the diagram to show:
 - a silicon atom
 - an oxygen atom
 - a single covalent bond.

The melting point of silicon dioxide is 1710°C.

- (b) Name the type of bonds that are broken when silicon dioxide melts.
- (c) Which of the following explain why silicon dioxide has a high melting point. Circle the **two** correct answers.
 - A Silicon dioxide is a simple molecule.
 - B Silicon dioxide has strong bonds.
 - **C** It requires a lot of energy to break the bonds of silicon dioxide.
 - D Silicon dioxide has weak bonds.



Which question(s) did you get wrong? Why? What will you do next time you're asked a similar question?