



11–14 years

What is stuff made of? Exploring matter, atoms and elements



Learning objectives

1. Recall that matter is made from atoms
2. Compare the size of atoms with small objects that we can see and other objects which are too small to see with the naked eye
3. Describe that atoms are the smallest parts of an element and that they retain the properties of that element using observations from a demonstration
4. Make deductions about the nature of atoms from a series of observations



Introduction

How many grains of rice are there in this 1 kg bag?

What if there are about 1000 grains in 25 g?

That would be 4000 grains in 100g and 40,000 grains approximately in 1 kg!

Rice grains are small, but how much smaller are atoms?



Introduction

Look around you. Everything you can see, touch or hold, from the air you breathe to the phone in your hand, is made of **matter**.

Matter is the name scientists give to anything that has **mass** and takes up **space**. Matter is made of tiny building blocks called **atoms** that make up everything in the universe.

Atoms are incredibly small. So small that you cannot see them with the naked eye. However, they combine in different ways to create all the materials around us.

Different types of atoms are called **elements**, and each element has its own unique **properties**. For example, the element oxygen is part of the air we breathe, while carbon is found in living things, fuels and even diamonds.

It's a small world!

Find out how small an atom is. Draw a line about 1 cm long and guess the number of hydrogen atoms that could be placed side by side along it.

About 1.35×10^6 (over 1 million) hydrogen atoms would be alongside each other in 1 cm.

Compare your estimate with the actual number of hydrogen atoms. State whether it is larger or smaller.

Explain what this tells you about atoms.

It's a small world!

Here is a list of some small objects.

- Ribosome
- Red ant
- Skin cell
- Atom
- Red blood cell
- Pin head
- Pollen grain
- Human egg cell
- Bacterium
- Grain of sand
- Grain of table salt
- Water molecule
- Human hair (diameter)
- Dust mite
- DNA (width of double helix)
- Mitochondrion
- Virus
- Poppy seed

- (a) Write the objects in order of size, from largest to smallest.
- (b) Next to each object, write yes, no, or barely visible to state whether or not you can see the object with the naked eye.

It's a small world!

Name the smallest thing your eyes can see. State the size of this.

Explain why our eyes cannot see some of the other small objects in the table.

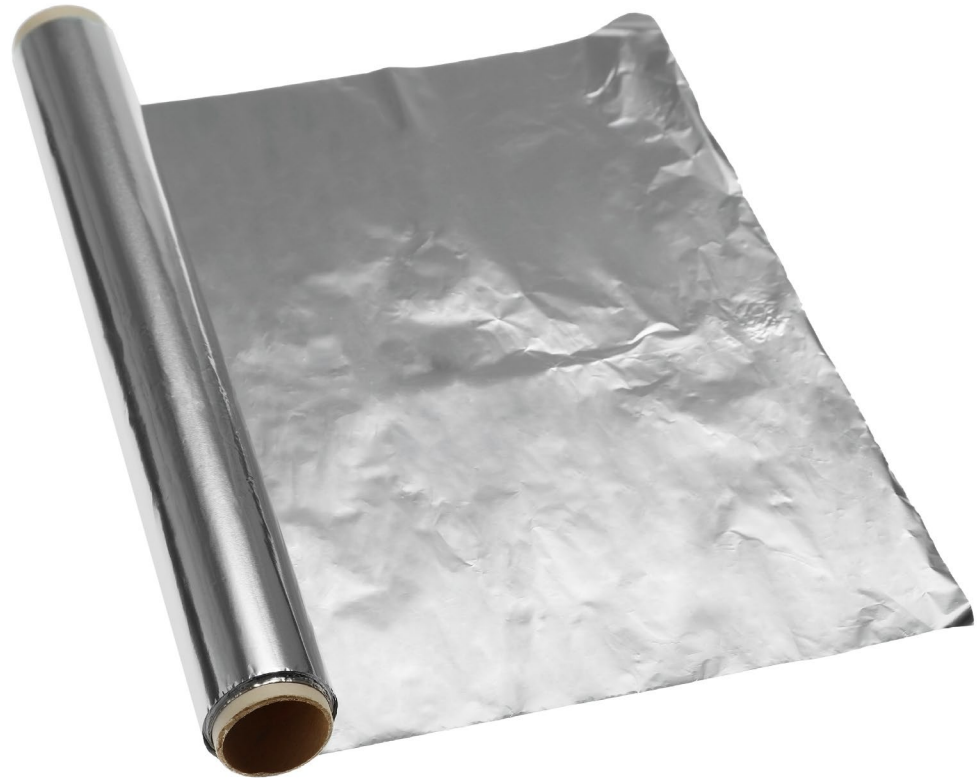
Describe what all these small things made from.

Explain what this tells you about the sizes of atoms.

Small object	Can it be seen with the naked eye?	Approximate size
Red ant	Yes	~3 mm
Pin head	Yes	~1–2 mm
Poppy seed	Yes	~1 mm
Grain of sand	Yes	~0.5 mm
Sugar crystal	Yes	~0.5 mm
Grain of table salt	Yes	~0.3 mm
Dust mite	Barely visible	~0.3 mm (300 μm)
Human hair (diameter)	Barely visible	~17–180 μm
Human egg cell	No	~100 μm
Pollen grain	No	~30–100 μm
Skin cell	No	~30 μm
Red blood cell	No	~8 μm
Bacterium	No	~2 μm
Mitochondrion	No	~1 μm
Virus	No	~100 nm
Ribosome	No	~20–30 nm
DNA (width)	No	~2 nm
Atom	No	~0.2 nm



Atomic paper clips demonstration



Atomic paper clips – follow-up questions

Watch the demonstration and use your observations and your own knowledge to answer the following questions:

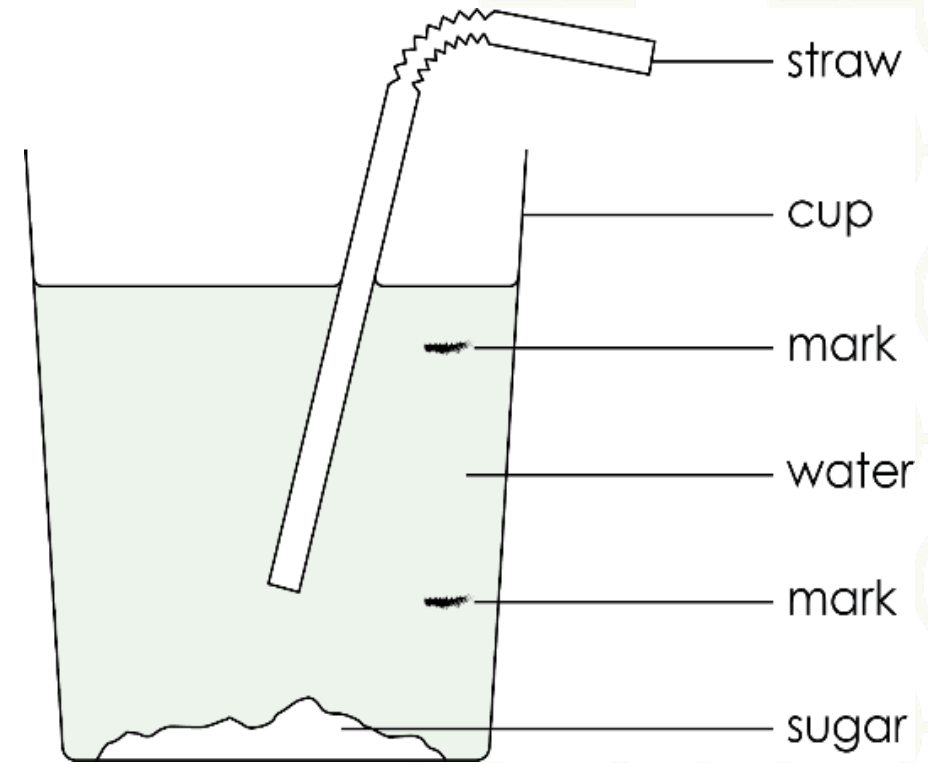
1. Name the smallest 'particle' in the paper clip pile.
2. Explain whether or not one paper clip would still function as a paper clip.
3. Make up names for the two parts of the broken paper clip. Name the parts of an atom.
4. Explain whether or not the broken paper clip is useable. Use your answer to explain whether or not a broken-up atom is useable.
5. Name the smallest particle in the metal.
6. Explain why the metal sheet cannot be torn into the smallest possible particles.
7. Will the smallest particle in the metal still be made of the metal? Explain your answer.
8. Describe how we could see the smallest particle in a piece of metal.
9. Explain whether or not the smallest particles in metal can be broken apart.
10. Explain whether or not the broken pieces of metal particles would still be metal.

Tasty particles

In your next activity, you are going to investigate how particles behave.

You are going to add sugar and lemon juice to water to see how the taste changes depending on where in the cup you drink from.

You are also going to investigate how this changes after a period of time.



Tasty water – Method

1. Taste the water

- Fill the cup with water to 1 cm from the top.
- Use the straw to taste the water in the three sections of the cup – above the top mark, between the two marks and below the bottom mark.
- Write down what it tastes like at each level.
- Refill the cup.

2. Add lemon juice

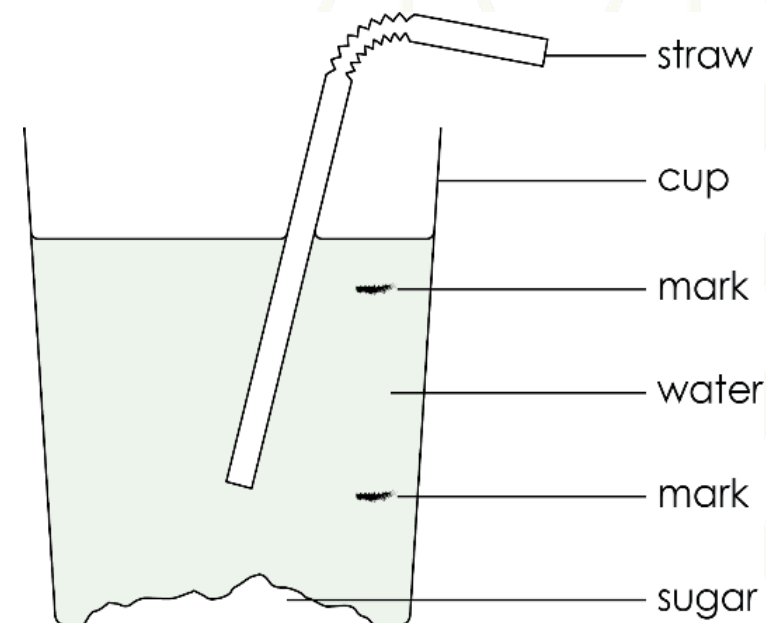
- Add about 10 drops of lemon juice to the water.
- Taste the water again at the three levels.
- Write down what it tastes like at each level.
- Keep the water for the next step.

3. Add sugar

- Add one teaspoon of sugar to the water.
- Don't stir. Let the sugar settle.
- Taste the water again at the three levels.
- Write down what it tastes like at each level.
- Keep the water for the next step.

4. Wait and taste again

- Wait for 2 minutes.
- After waiting, taste the water at the three levels.
- Write down what it tastes like at each level.
- If you can, wait even longer and taste again.



Results

Use the following table to record your observations during the practical.

Level	Water alone	Water and lemon juice	Water lemon juice and sugar	Water, lemon juice and sugar after waiting
Top				
Middle				
Bottom				

Tasty water – follow-up questions

1. Use the test results to explain whether water, lemon juice and sugar particles are all the same.
2. Describe how particles can behave, using the results from your investigation.
3. Summarise what you have learned about particles (and atoms) in this lesson.