

Glossary of terms and acronyms

1. **Lone Workers** - People who work by themselves without direct or close supervision.
2. **Workplace** - A location where work activities are carried out.
3. **Work equipment** - An item of equipment used at work; hand tools, machinery, vehicles.
4. **Vulnerable worker** - According to the HSE, the definition of 'vulnerable worker' includes people who are at risk of having their workplace entitlements denied and who lack the capacity or means to secure them. In general terms, a vulnerable worker is a person more susceptible to risk than regular employees.
5. **Buddying** - A system of mutual support where two people rely on each other for health & safety.

